

Time Calculator - Japan/US

Most of each day in Japan is a day ahead of North America since Japan is, for example, 16 hours ahead of us in the Pacific Time Zone. So 9am on Monday Pacific Time is 1am on Tuesday Japan Time.

Japan	US/Canada Pacific Time	US/Canada Mountain	US/Canada Central	US/Canada Eastern
12 midnight	8am	9am	10am	11am
1am	9am	10am	11am	12 noon
2am	10am	11am	12 noon	1pm
3am	11am	12 noon	1pm	2pm
4am	12 noon	1pm	2pm	3pm
5am	1pm	2pm	3pm	4pm
6am	2pm	3pm	4pm	5pm
7am	3pm	4pm	5pm	6pm
8am	4pm	5pm	6pm	7pm
9am	5pm	6pm	7pm	8pm
10am	6pm	7pm	8pm	9pm
11am	7pm	8pm	9pm	10pm
12 noon	8pm	9pm	10pm	11pm
1pm	9pm	10pm	11pm	12 midnight
2pm	10pm	11pm	12 midnight	1am
3pm	11pm	12 midnight	1am	2am
4pm	12 midnight	1am	2am	3am
5pm	1am	2am	3am	4am
6pm	2am	3am	4am	5am
7pm	3am	4am	5am	6am
8pm	4am	5am	6am	7am
9pm	5am	6am	7am	8am
10pm	6am	7am	8am	9am
11pm	7am	8am	9am	10am